

WOODLAND JOINT UNIFIED SCHOOL DISTRICT



**Resolution 50-23:
Mental Health Awareness Month - May 2023**

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, early intervention efforts could greatly reduce the number of people experiencing serious mental health conditions; and

WHEREAS, there is strong research that humor, recreation, social connections, and work-life balance can help all Americans protect their health and well-being; and

WHEREAS, there is a need to improve public awareness of mental illness and to strengthen local and national awareness of brain diseases, so that all those with mental illness may receive adequate and appropriate treatment that will result in their becoming fully functioning members of society; and

WHEREAS, each school district, elected official, government agency, business, healthcare provider, organization, and citizen shares the burden of mental health problems, and has a responsibility to promote mental wellness and support prevention efforts; and

WHEREAS, since 1949, May has officially been recognized as Mental Health Month.

NOW THEREFORE, BE IT RESOLVED, that the Woodland Joint Unified School District Board of Trustees hereby declare the month of May as Mental Health Awareness Month.

IN WITNESS THERETO, the Woodland Joint Unified School District does hereby adopt this resolution on this 11th day of May 2023, by a unanimous Board of Trustees vote.


BOARD SECRETARY


BOARD PRESIDENT